

Energy Savers

Activity Book

Part of the SMECO
Energy Efficiency
Kit for Kids

EmPOWER
MARYLAND

SMECO
People. Power. Progress.

Hello!

Welcome to your very own **Energy Savers Activity Book!** I'm so excited to share what's inside, but first:

What does it mean to save energy?

Every time you watch your favorite TV show, play a video game, or just turn on a light, you're using energy.

By using the items in the kit, and completing the activities in this book, you can use all your favorite devices while also using **less** power. That's saving energy.

Doing your part to prevent energy waste means helping protect the environment for future generations – that means kids, like you!

Did you know?

Even when a device is turned off, it could still be using energy just by being plugged in. This is called **phantom load** and it's a big cause of energy waste. Spooky!

Here's what you'll find inside the kit:

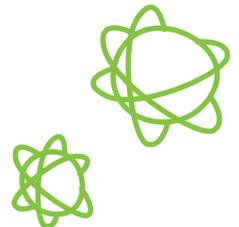
- **1 advanced power strip:** Ask an adult to help you plug items into this power strip before you plug it into the wall. It will prevent phantom load and protect your favorite devices from power surges.
- **1 LED night-light:** This night-light uses up to 75% less energy and lasts 25 times as long as a traditional bulb!*
- **This Energy Savers Activity Book, which has a collection of fun activities, including:**
 - Energy Monsters – page 3
 - ENERGY STAR® Lorax – page 17
 - Energy Source Poster – page 23
 - NEED Coloring Book – page 24

Have fun! And thanks again for doing your part to save energy!

Jennifer Raley

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Energy and Technology Programs Manager, SMECO



*How Energy-Efficient Light Bulbs Compare with Traditional Incandescents, U.S. Department of Energy. Accessed April 7, 2020, at <https://www.energy.gov/energysaver/save-electricity-and-fuel/lighting-choices-save-you-money/how-energy-efficient-light>.